



# WHAT A DOLLAR BUYS.

LIVE UNITED®

United we fight. United we win. United Way fights for the health, education and financial stability of every person in our community. Your contribution will add up to big wins for your neighbors & friends! Live United®.

## WHAT MATTERS MORE?



**A \$2 CUP**  
of coffee

OR



**2 MEALS FOR A FAMILY OF 4**



**A \$5 APP**  
for your phone

OR



**1 LITERACY TUTOR FOR A MONTH**



**A \$10**  
movie ticket

OR



**1 COUPLE ATTENDING A FINANCIAL LITERACY WORKSHOP**



**A \$50**  
dinner out

OR



**LEGAL ADVICE FOR 4 VETERANS**



**A \$100**  
jacket

OR



**A YEAR OF AFTER SCHOOL ENRICHMENT FOR 1 CHILD**



# FREE HELP FOR YOU, YOUR FAMILY AND FRIENDS



Get Connected. Get Answers.

Dutchess • Orange • Putnam  
Rockland • Sullivan • Ulster • Westchester



1-800-899-1479 hudson211.org

## HUDSON VALLEY REGION 2-1-1

Last year **15,318** individuals called HUDSON VALLEY 2-1-1.

You can call HUDSON VALLEY 2-1-1 if you have a health/human service question at any time!

- 2-1-1 is a FREE confidential information and referral hotline available 24 hours a day, 365 days a year in 250 languages.
- 2-1-1 connects individuals to local organizations to help with food, housing, employment and much more.
- Call **2-1-1 (1-800-899-1479)** or go to [hudson211.org](http://hudson211.org)

## FAMILYWIZE PRESCRIPTION DISCOUNT PROGRAM

Last year **8,095** individuals in Dutchess & Orange Counties saved **\$327,098** on their prescriptions by using the free prescription discount card.

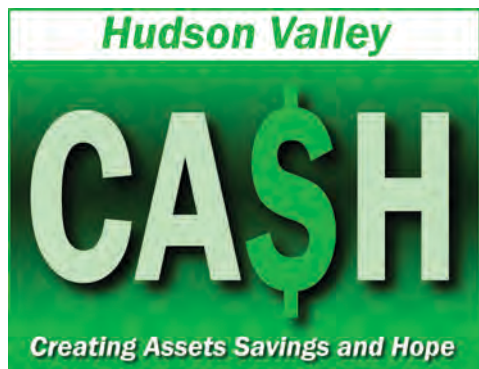
- YOU can use the FREE FAMILYWIZE PRESCRIPTION DISCOUNT CARD too, even if you have insurance you can take advantage of this program. Get your card today or download the free FamilyWize app at [familywize.org/prescription-savings-card/get-your-free-card](http://familywize.org/prescription-savings-card/get-your-free-card).



## HUDSON VALLEY CASH COALITION

More than **\$6,441,761** in refunds were generated for **7,287** Hudson Valley residents for the 2016 tax year! YOU could take advantage of this program offered by United Way and have your taxes prepared FREE of charge!

- Certified volunteer tax preparers provide individuals, families and seniors with free tax preparation services at over 36 locations across Dutchess and Orange Counties. For information, go to [hv-cash.org](http://hv-cash.org) or call **2-1-1**.



## VOLUNTEER OPPORTUNITIES

United We Win through YOUR commitment to making a positive difference in the community. Every year volunteer teams roll up their sleeves and help out some of the more than 150 nonprofit partners, who share opportunities on our online volunteer portal: [volunteer.uwdor.org](http://volunteer.uwdor.org). Through annual Days of Caring, our national days of service, we connect business partners with impactful volunteer projects:



**9/11 Day of Service & Remembrance - Sept 11, 2017**

**Make a Difference Day - Oct 16 – 20, 2017**

**Martin Luther King Jr. Day of Service - Jan 12 & 15, 2018**

**Read Across America Day - Mar 2, 2018**

**National Volunteer Week - April 15 – 21, 2018**

**Day of Action - June 21, 2018**

United Way of the  
Dutchess-Orange Region



[WWW.UWDOR.ORG](http://WWW.UWDOR.ORG)