

**LIVE UNITED**



**United Way of the  
Dutchess-Orange Region**

Helped  
124,424  
individuals  
last year!

# COMMUNITY REPORT CARD

DUTCHESS & ORANGE COUNTIES

REPORT OF United way of the Dutchess-Orange Region

July 1 , 20 15 THROUGH June 30 , 20 16



# END OF YEAR REPORT CARD

7/1/15-6/30/16

LIVE UNITED



United Way of the  
Dutchess-Orange Region

# OF LIVES TOUCHED  
(JULY 2015 - JUNE 2016)

## UNITED WAY AREAS OF WORK

## COMMENTS

### HEALTH: BUILDING RESILIENCY

Increasing resiliency of young adults to help them to maintain healthier relationships with themselves, their peers, and their families.

34,298

Building resiliency in children is a proven way to increase confidence and positive choices. Helping individuals and families work through difficult situations while promoting the development of healthy relationships.

### HEALTH: NUTRITION & PHYSICAL ACTIVITY

Provide individuals and families with information to understand the value of healthy eating habits and gain access to nutritious foods and physical activity.

41,002

Helping children and communities access healthier food and lifestyles. 22,200 people were fed by our partners at the Food Bank of the Hudson Valley last year.

### EDUCATION: PARENT CAREGIVER SUPPORT

Empower parents and caregivers with the knowledge and tools to be their child's first teacher.

1,051

90% of a child's brain develops before the age of 5.

### EDUCATION: A COMMUNITY EFFORT TO LEARNING

Empower students with the appropriate skills for successful grade-level advancement by providing opportunities for structured learning outside of the classroom.

2,436

A child spends 20 percent of their waking hours in a classroom.

### FINANCIAL STABILITY: BUILDING CAPACITY

Support individuals and families with the education and tools to attain self-sufficiency.

568

Helping individuals avoid financial hardship by preparing students and families with the basics of budgeting, money, credit card use, and fiscal responsibility.

### FINANCIAL STABILITY: INCREASING ASSETS

Hudson Valley CA\$H Coalition and AARP Tax-Aide certified volunteer tax preparers provide individuals, families, and seniors with free tax preparation services at over 30 locations across Dutchess and Orange Counties.

7,655

\$6,176,853 in tax refunds were generated for Hudson Valley residents during the 2015 tax season!

### CRISIS INTERVENTION: BASIC NEEDS

Providing a safe environment for youth, adults and families fleeing crisis situations.

2,501

A safe space, warmth, clothing, mentors and guidance were provided thanks to you

## EXTRA CREDIT

# OF LIVES TOUCHED  
(JULY 2015 - JUNE 2016)

Excellent!



EXTRA CREDIT	# OF LIVES TOUCHED (JULY 2015 - JUNE 2016)	COMMENTS
<b>VOLUNTEERISM</b> Community volunteers helping their fellow neighbors.	1,431	Volunteers contributed 34,794 hours of service to area nonprofits for an estimated economic impact of \$459,966.
<b>HUDSON VALLEY 2-1-1</b> Free and confidential information and referral hotline available 365 days a year in 250 languages.	17,176	Connecting individuals to local organizations to help with food, housing, employment, and much more.
<b>FAMILYWISE PRESCRIPTION DISCOUNT PROGRAM</b> Providing families with prescription savings in Dutchess and Orange Counties.	4,343	Dutchess and Orange County residents saved \$314,549 on prescription medicine last year.
<b>ORANGE COUNTY FUEL FUND</b> In partnership with the Orange County Government, United Way provides heating assistance for low to moderate income residents of Orange County.	811	The Fuel Fund contributed almost \$55,000 to keep 372 households warm last winter.
<b>HOLIDAY HELPING HAND</b> For 33 years, in partnership with the <i>Poughkeepsie Journal</i> , United Way supports programs in Dutchess County that provide holiday meals, heat, and children's gifts to those who cannot afford them.	3,134	Last year, \$37,950 in donations was distributed to 25 community service groups to make our neighbors' holidays brighter.
<b>CHANGE FOR A BETTER TOMORROW</b> Through United Way's Community Fund, targeted grants, and in-kind support, your gift makes a significant impact on our community. Thank you!	124,424	Last year, more than \$2 million in grants and community building services supported our neighbors in need.



Planting seeds for the future through school gardens and education.

**"I want to be a farmer when I grow up."**  
**- Anzari, first-grade student in Hudson Valley Seed program**  
 Our partners at Common Ground Farm, Hudson Valley Seed, and Poughkeepsie Farm Project introduce children to healthy eating through school gardens and farm visits. Your donations helped to inspire the wonder that first-grader Anzari experienced at a Hudson Valley Seed Elementary School garden, where she planted a seed and tasted a tomato off the vine for the first time. This inspired her to say that, "I want to be a farmer when I grow up." Throughout the year, this shy and withdrawn first-grader rushed to participate in garden time, gaining self-assurance and confidence. By using school gardens, each seed that is planted helps instill a future of healthy eating habits and foster food literacy for our community's children.

United Way of the Dutchess-Orange Region  
**fighting for the**  
**health, education, and financial stability**  
**of every person in our community.**

# COMMUNITY PARTNERS 2016-17

## HEALTH

Big Brothers Big Sisters of Orange County, Inc.	HONORhgh	Poughkeepsie Farm Project
The Center for the Prevention of Child Abuse	Hudson River Housing, Inc.	Safe Homes of Orange County
Common Ground Farm	Hudson Valley Seed, Inc.	
Family Services, Inc.	Mediation Center of Dutchess County, Inc.	
Girls on the Run Hudson Valley	Mental Health Association of Orange County, Inc.	
Grace Smith House	North East Community Council, Inc.	

## EDUCATION

Astor Services for Children and Families	Literacy Connections of the Hudson Valley	Safe Homes of Orange County
Boys & Girls Club of Newburgh, Inc.	Mental Health America of Dutchess County	Vassar College Urban Education Initiative
Catharine Street Community Center, Inc.	Mid-Hudson Children's Museum	
Grace Smith House	Newburgh Armory Unity Center	

## FINANCIAL STABILITY

Catholic Charities Community Services of Dutchess County	Cornerstone Family Healthcare	Legal Services of the Hudson Valley
Catholic Charities Community Services of Orange County	Dutchess Outreach, Inc.	North East Community Council, Inc.
Community Action Partnership for Dutchess County	Exodus Transitional Community	Safe Homes of Orange County
Cornell Cooperative Extension of Orange County	Grace Smith House, Inc.	
	Hudson River Housing, Inc.	
	Hudson Valley CA\$H Coalition	
	Jewish Family Service of Greater Orange County	

## ADDRESSING EVERYDAY NEEDS (2015-16)

Abilities First, Inc.	Cornell Cooperative Extension, Dutchess County	Healthy Families	Poughkeepsie Public Library District
Abriendo Puertas/ Opening Doors	Council on Addiction Prevention & Education	House of Faith Ministries, Inc.	Project LIFE
Access: Supports for Living	Daytop Village Inc.	Hudson Valley Center for Kindness and Compassion	REAL Skills Network Inc.
Adopt A Family Program	Dutchess County Department of Planning and Development	Hudson Valley Community Services	RECAP Inc.
Affinity Health Plan	Dutchess County Regional Chamber of Commerce	The Institute for Family Health	ROUGH Foundation, Inc.
Agape Love Multipurpose Center	Dutchess County Dept. of Behavioral & Comm. Health	Maplewood Residents Association	Safe Harbors of the Hudson
Child Care Council of Orange County, Inc.	Dutchess Outreach, Inc.	Mid-Hudson Love Incorporated	Safe Homes of Orange County
Children's Center at Dutchess County Family Court	Eileen Hickey Holiday Dinners	Montgomery Food Pantry	Salvation Army of Middletown
Children's Home of Poughkeepsie	Elant Inc.	MVP Health Care	Sparrows Nest of the Hudson Valley
The Children's Village	Episcopal Church of Messiah	Newburgh Preparatory Charter High School	Wassaic Ladies Auxiliary Association
City of Poughkeepsie School District	Family Services Inc.	Orange County Employment & Training Administration	WestCOP SSVF
Community Family Development Inc.	Freedom Plains United Presbyterian Church	Pathstone Inc.	Youth Advocate Program Inc.
	Grace Community Church	The Potter House Inc.	Youth Mission Outreach
		Poughkeepsie PROS	

**TAKE ACTION | GIVE. ADVOCATE. VOLUNTEER.**  
**LIVE UNITED®**

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