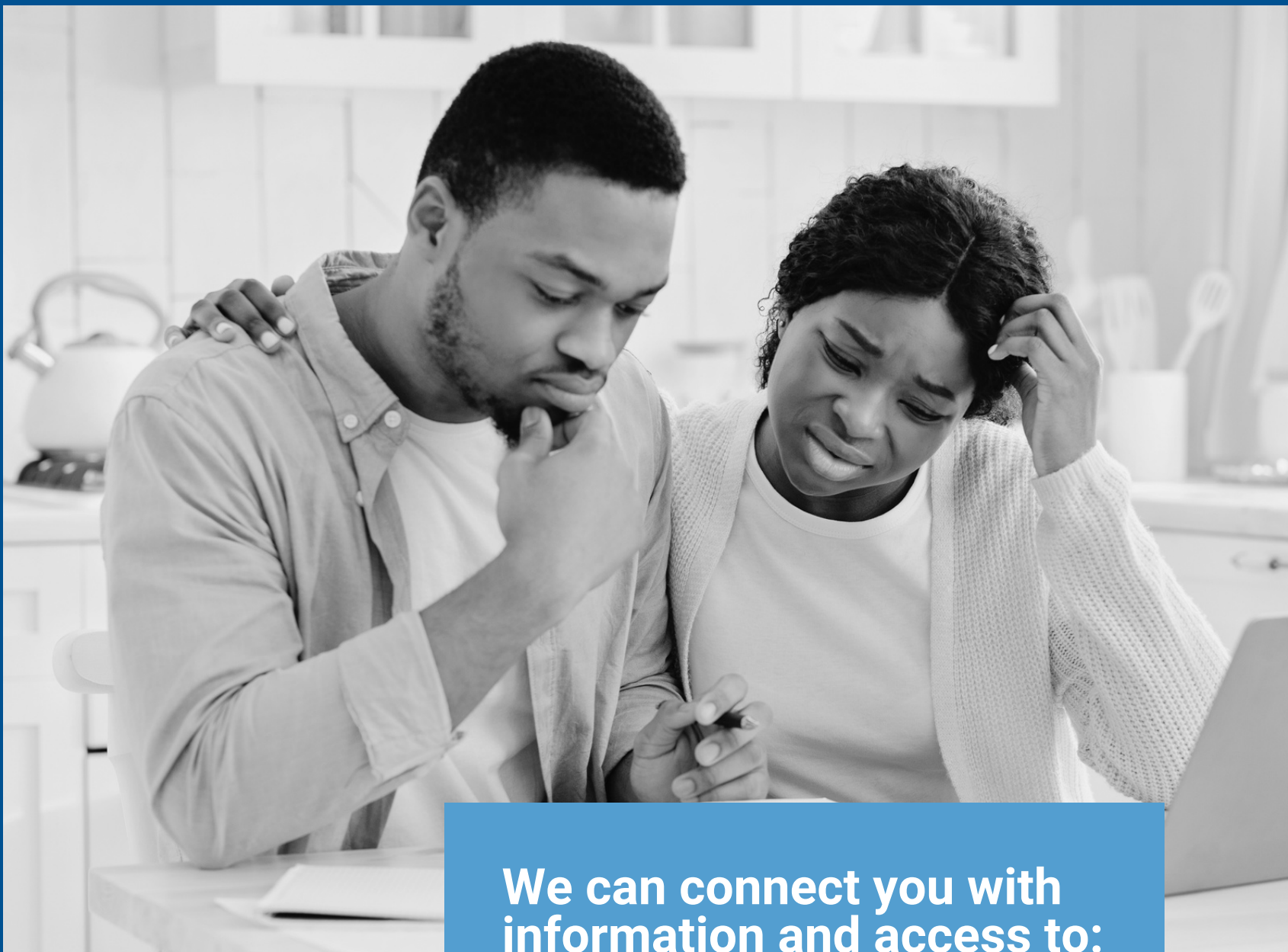


Need Help? Call 211.
There's always an answer.
Get connected. Get help.

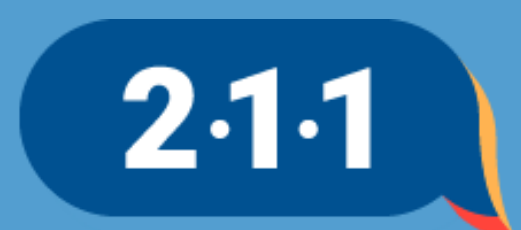


Our services are free and confidential. We will work to get you to the right service, quickly and with kindness and professionalism.

CALL 211
VISIT 211HudsonValley.org
TEXT your zip code to 898211

We can connect you with information and access to:

- Food Pantries
- Emergency Housing
- Childcare
- Domestic Abuse Support
- Senior Services
- Veterans Services
- Mental Health Support
- Government Services
- Job Assistance
- Substance Abuse Support
- and much more



HUDSON VALLEY REGION